



APPRENTICE OF PEACE YOUTH ORGANIZATION

AOPYO Enrichment Programs

Engage in youth development programs like the Apprentice of Peace program and the Tai Chi for Peace.

→ Program Description

The Enrichment Programs of AOPYO promote achieving peace from within to achieve holistic wellness. The curriculums that are included are

- The Apprentice of Peace Program: A 16 or 32-week program that focuses on *destigmatizing mental health while positively developing youth, doing leadership, arts, and skilled trades enrichment activities.*
**Primarily for middle and high school students.
- Tai Chi for Peace: An 8 or 12-week program teaching the basics of Tai Chi to elementary school students. Program outcomes include *increased coping skills, meditative physical activity, and movement-based therapy.*

→ Existing Partners

Existing partners for this program include *Rocky Mountain Communities, Denver Youth Services, Aurora Public Schools ACTION Zone, Nurture Wellness Center, Beacon Network, Celebrate the Beat, and Denver Parks and Recs.*

→ Districts

This program is currently available in various school districts including Denver Public Schools, Aurora Public Schools, and Jefferson County.

2021 Schools:

- Grant Beacon Middle School
- Kepner Beacon Middle School
- Aurora Central High School
- Crawford Elementary
- Kenton Elementary
- Boston Elementary

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